

Gretna Glen Camp

Things to Know Before You Come My Grown-Up & Me

Packing List:

What to Bring

- Completed Registration Forms:
 - 1. Camper Health History Form
 - 2. Authorization for Medication Administration Form & Meds
 - 3. Parent/Guardian Camper Release Form
 - 4. Store Money
- Sleeping bag or sheets & blankets
- Pillow & pajamas
- Towel, washcloth, soap, shampoo
- Toothbrush & toothpaste
- Backpack/shower bag
- Insect repellent & Sun Screen
- Water Bottle with camper's name
- Clothing for each day of camp
- Sweatshirt or jacket
- Modest swimwear (no bikinis) & towel
- Rain gear
- Bible, notebook, pen or pencil
- Flashlight, batteries
- Sturdy closed toe, closed heel shoes
(Sandals are only allowed at the shower house and pool area)
- Extra shoes to get wet & muddy
(no sandals)

Please Do Not Bring

- Electronic equipment of any kind: No MP3's, cell phones, gaming systems, iPods, etc.
- Food or Snacks: all food and snacks will be provided. Campers are not allowed to have food in sleeping areas!
- Pocket knives, Lighters, Tobacco products, Alcohol etc.

If found, these items will be confiscated and returned to an adult at checkout.

Tips for Packing

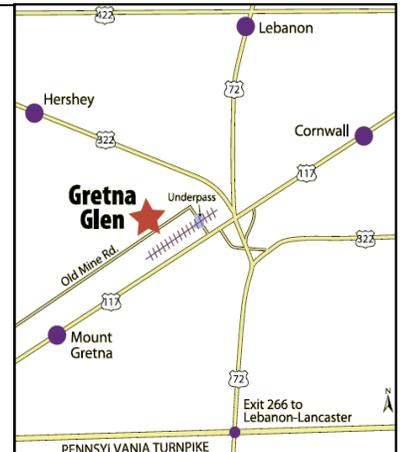
- Put clear identification on each item including all luggage and bedding/sleeping bags.
- Please secure pillows with the camper's sleeping bag, or put them in a plastic bag labeled with the camper's name.
- Try to consolidate and avoid loose items.
- Pack a bag that can be used to carry items to the shower house or pool area.

Getting to Camp:

Gretna Glen is located in Lebanon County near Mount Gretna.

From Route 72 North or South **OR** Route 322 East or West:

- Take the **Mt. Gretna Exit** (PA Route 117).
- At the stop sign, turn **Left on Route 117**.
- Take the **first Right on Old Mine Rd.** (very soon!).
- Go under an old railroad bridge and travel about ½ mile to camp
- **entrance on Right.**



When you turn into camp:

- Please proceed up the hill, past the barn on your left, and back down the hill to the office.
- At the office, a happy, smiling staff member will greet you and give you the next steps to the registration process.

Arriving on Camp:

- Please follow the instructions of the greeters upon arrival, who will direct you to the Registration area.

Arrival & Departure Times

Camp	Arrival Time	Departure Time
My Grown-Up & Me (GL31)	3:00pm on 7/1	6:00pm on 7/3
My Grown-Up & Me (GL80)	3:00pm on 8/1	6:00pm on 8/3

We are excited you signed up for one of our specialty programs that gives you an opportunity to make lifelong memories with your special camper(s). There are often questions that arise for our specialty programs as they do not fit into the 'drop your child' off at camp information. Please call our office with any questions that will help you prepare for a great time at camp.

Thank you-

Gretna Glen Camp Staff

While at camp:

Photos

Campers attending a resident camping event will receive an 8x10 group photo. Cost of the photo is included in the registration fee. Photos will be ready to be picked up at checkout.

We will use a digital camera to take pictures of the campers in action throughout the week. During registration we will let you know how to access them online during your camper's week of camp.

Camp Store

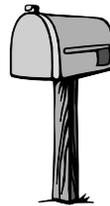
The camp store will be open daily, including during registration and checkout, for campers to make purchases. Parents are encouraged to assist their camper when making clothing purchases. Cash, checks, or credit cards may be used to make purchases. All **camper store money** should be placed in the envelope provided at registration. Please fill in your Camper's Name and Initial Amount on the side of the envelope marked "STORE MONEY." Store purchases are deducted from the initial amount and marked on the opposite side of the envelope each day. If your camper's program includes an off-site trip, all expenses are paid as part of the program, however we will allow them to take the store money as souvenir money if they would like to. The balance will be refunded at checkout or you may donate it to Gretna Glen's Scholarship Fund.

Dietary Needs

If your camper has any special dietary needs, please call the camp office at least a week in advance so that you can discuss arrangements with our kitchen staff. We want all of our campers to enjoy a healthy and filling meal while they are at camp.

Three ways to send written communication to your camper:

1. Our in-house mailbox (no postage required). Simply bring your prepared letters with you to registration and drop in the provided mailbox. Please write your **Camper's Name, Event Name, and the Day** you would like your letter delivered on the outside of each envelope.



2. The US Postal Service. Please address mail as follows:

Camper's Name & Event
Gretna Glen Camp
87 Old Mine Rd.
Lebanon, PA 17042

*Mail will be delivered Monday through Friday. It may take two or three days for letters to arrive at camp after you mail them. Letters that arrive after the last mail delivery time will be forwarded to the camper's home address. **Please do not send food.***

3. E-mail - campermail@gretnaglen.org

You may send one-page e-mails to your camper. These are delivered once a day. Please include in the subject line: **Camper's Name & Event Name** Please do not send graphics, moving images, colored text or backgrounds. Campers cannot reply to e-mails via e-mail.

Cell Phone Policy

Gretna Glen, along with summer camps across the country, will continue to enforce a **no camper cell phone** policy. We can appreciate the desire for parents and guardians to be in contact with their camper while they are at camp however the risks of allowing campers to have cell phones continue to outweigh the benefits in the camp community. Cell phones continue to advance and offer multi use functions like camera, video recording, music player, texting, web browsing, and video games that can put campers at risk of emotional injury when misused or unsupervised. In addition to these factors, cell phones can be expensive and the outdoor camp environment can be hard on electronics. We encourage letters from home and encourage campers to write letters while they are here.

During your child's week at camp we can assure you that a parent or guardian will be contacted if....

- Your camper is ill, with a fever over 100 degrees
- Your camper needs medical treatment off-site
- If there are questions regarding medications or healthcare of your camper
- Your camper is unable to function within the community of Gretna Glen in a healthy way

Cell phones will be used by camp staff in emergency or safety situations.

We thank you in advance for your support of our policy regarding the safety of campers.



Gretna Glen Camp & Retreat Center
87 Old Mine Rd. Lebanon, PA 17042
(717) 273-6525
Fax: (717) 273-6045
E-mail: camp@gretnaglen.org
www.gretnaglen.org

Thank you for coming to Gretna Glen this summer! Please think of Gretna Glen for retreats, challenge course, school trips, reunions and Gretna Glen Events!

